

BATH PIECE

Adam Overton, November 2007

for Mark So

. . .

privately
without fanfare
begin warm or hot, end lukewarm or cold

. . .

while taking a bath, perform some or all of the following events, in any order, at any time.
the water level should be set so that one's body lies comfortably, just barely beneath the surface, and one's ears remain just barely above the surface.
upon performing one action, always allow time for the settling of the water before engaging in another activity. these pauses may last for as long as one wishes.
feel free to repeat any activity.

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activities [any]:

- . with hands and feet submerged, crackling knuckles
- . raising one's hand out of the water and allowing droplets to fall back into the tub
- . lifting both arms straight up out of the water, holding them there for at least a minute, perhaps until they are 1/4 to half-way dry
- . with knees up and feet planted, slowly lifting one's pelvis out of the water, so that one can hear the sound of water draining out of the pubic hair
- . with knees up and feet planted, repeatedly raise and lower the pelvis, so as to create waves that cross the tub and your body at a regular rate. feel free to speed up, slow down, or remain at the same rhythm
- . with hands and arms submerged along one's sides, rapidly flop your hands back and forth, fingers together or apart, fanning your buttocks with currents of water, doing so as silently as possible
- . looking up, head floating in water, with elbows bent, hands draped over the water's surface next to your ears, and fingertips dangling in the water, play plopping water polyrhythms at any rate and at varying volumes
- . raising one's hands above the surface of the water, then rubbing the palms together at any rate(s)

to end:

- . lie still in a restful position like the one in which you began the bath, meanwhile with your foot or toe, unplug the drain, and allow the tub to empty completely before getting up