

NAPPING MUSIC  
Adam Overton, May 2007  
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*for one or more  
maybe amplified  
for as long as necessary*

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### **optional materials**

contact mics  
cardioid mics  
mic stands  
mixer  
amplifier  
pillows & blankets  
performers

### **preparation & performance**

if amplified, you might attach contact microphones to various parts of the performers' bodies, especially the throat area. you might also strategically place cardioid microphones in close-mic'd and/or overhead positions to capture different levels of group napping activity

only amplify as much as necessary, preventing any potential feedback issues

performers should nap naturally, lying comfortably on the ground, simply resting

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